

EDINBURGH MARATHON FESTIVAL JUNIOR RACES 2018

Calling all pupils, teachers and parents, Broughton Primary runners need you!

For the past 3 years, Broughton Primary has had a team take part in the Edinburgh Marathon Festival (EMF). Our team is ever-growing and 2017 was our best yet with 94 children running across the 4 races and lots of parents and teachers running in the adult races.

It was a brilliant weekend for the school community. We raised an amazing £4962.86 and made a commitment that every class and child would benefit from these funds. The money will:

- Continue to support the cultural fund. Each class receives £220 to spend on trips and activities outside of school. We've already had visits to the Book Festival, which everyone loved, but other events are being planned by our teachers and their classes for the coming year.
- Support the children to revamp 'golden time', so that each stage will get £100 to spend on new resources, for classroom or outside activities. To help each class decide how they want to spend their share, the Pupil Council have produced a short questionnaire which will go out to all classes to gather ideas from everyone.
- Continue to support the development of the new quiet area in the playground with books and table top activities for the children to use at break and lunch time.

In 2016, we were awarded Super Active School status AND we won the EMF school competition. An amazing achievement for the runners and the school. The school has now received the £150 sports equipment voucher and we're looking forward to hearing what Mrs Ramm has bought.

The EMF is now a firm fixture in the school diary and we are keen to encourage as many families to take part. We'd love to get over 100 children running in 2018. Our brilliant Head Teacher, Mrs Rushforth, has promised to run if we get 115 pupils signed up! I'm sure we can persuade some other teachers to run too.

There are 9 races over the weekend ranging from 1km – 26.2 miles! Our new P1s are eligible for either the Kid's Kilometre (3-6 years) or the 1.5km (6-8 years). This year we had 14 P1s and 1 nursery pupil taking part. They all had a brilliant time on race day and at the weekly training runs in Pilrig Park. Check out our Twitter feed @bpsrunners to see photos and videos of our amazing team.

For many of the children, this was the first time they had taken part in a race like this. So, don't worry if your family haven't done anything like this before. We can support new runners as much as they need to build confidence and have fun with friends. It really is about taking part and having a great time rather than being the fastest.

EMF 2018

If your child is keen to take part, you can find more details at <https://www.edinburghmarathon.com/>
We have a step-by-step guide to help guide you through the registering process (it can be a bit tricky!!). Please email us at bpsrunners@gmail.com if you'd like a copy.

Once you sign up please forward your child's 2018 race confirmation to bpsrunners@gmail.com. This is the only way we can keep track of our runners, as EMF can't forward us a list of who is taking part.

The 4 children's races are:

1k - 3-6 years (suitable for Nursery and P1 & P2)

1.5k - 6-8 years

2k - 9-12 years

Junior 5k - 11-18 years

The adult races (suitable for parents, carers and teachers) are:

5k - Saturday 27th

10k - Saturday 27th

Half Marathon (13.1 miles)

Marathon (26.2)

Hairy Haggis relay team - The 26.2 miles is split into 4 legs, each runner runs one leg. The distances are 8.3, 5.5, 8 and 4.4 miles.

More information can be found at <https://www.edinburghmarathon.com/>

We will start our weekly fun runs at Pilrig Park in March 2018. The runs are a great chance to meet children from other classes and help with training for the races.

Junior Parkrun

The Broughton runners meet the first Sunday of every month at the Inverleith Junior Park run. This is a 2k timed race for children aged 4-14. Everyone is welcome, whether you plan to sign-up for EMF or not.

To take part you need to register your child and you are allocated a barcode which you print off and bring with you to the run. This enables you to get an official time.

<http://www.parkrun.org.uk/inverleith-juniors/>

Great Edinburgh Winter Junior run - 13th January 2018

A few of our runners have signed up to take part in the Great Edinburgh Winter Junior run on 13th January 2018. It's open to children aged 7 and over. It's a fun (and usually freezing) way to start the new year off. Last year, some of our runners were lucky enough to meet Mo Farah after he took part in the Edinburgh Cross Country races. More details can be found at <http://www.greatrun.org/great-winter-run/junior-great-winter-run>.

Please contact Sandra and Catriona at bpsrunners@gmail.com if you'd like more information about EMF and the other runs.